

## FEATURED RELIAS TRAINING November 2019

## Development of Evidence-Based Practices in Behavioral Health R-HHS-0-EUEBP-V2

This course will provide an overview of why the use of evidence-based practices is important in clinical care as well as the various methods used to validate a practice as evidence-based. It will also discuss the benefits and challenges of implementing evidence-based practices in clinical care and review the steps providers should take to implement them in clinical practice. **Credit Hours 1** 

## Family Psychoeducation: Advanced Evidence-Based Practices REL-HHS-0-FPAEBP-V2

Based on content from Substance Abuse and Mental Health Service Administration (SAMHSA), this course is part of the Evidence-Based Practices series designed to teach you the principles and practices that research suggests are most effective in the implementation of a family psychoeducation program. In addition, this training covers how to best develop an effective family psychoeducation program and provides helpful tips for mental health authorities. The blend of interactive exercises and instructive information will assist you in learning and applying this material with those you serve. Whether you are a mental health provider or an agency administrator, this course is an opportunity to develop new skills to support consumers, as well as to develop an effective program of this type in your own community. **Credit Hours 1.25** 

## Overview of Assertive Community Treatment: Evidence-Based Practices REL-HHS-0-OACTEBP

This course is based on content developed for The Substance Abuse and Mental Health Services Administration (SAMHSA), and describes the key principles of ACT and the evidence-based practices that were developed to meet the complex needs of individuals with mental illness. This course covers evidence-based practices for symptom management, housing, finances, employment, medical care, substance use, family life, and activities of daily living. **Credit Hours 1.5** 

For more information about Relias Learning, please contact Subrina Bolden at 601-359-6266 or Subrina.Bolden@dmh.ms.gov



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